

Communion

Am I living a vibrant spiritual life?

What is the quality of my prayer life?
To what degree is anger present in my life?

How do fear and anxiety contribute to my life?

How have I been pursuing intimacy with Jesus?

Am I obedient to the Holy Spirit in my life?

Is my joy evident to others?

How have I been honoring the principle of Sabbath both physically and spiritually?

How is my life reflective of spiritual peace?

Am I honoring God with my money?

How do my sleeping/eating habits impact my spiritual life?

Am I directing my life with God's guidance, or is my life directing me?

Community

How am I contributing to the spiritual formation of others?

How does my life demonstrate love for the community of God's people in my care?

How well do I make myself vulnerable to others?

To what degree is my family a model for other families?

How responsive am I to the spiritual and emotional needs of those in my circle of influence?

How am I experiencing spiritual intimacy in my relationships?

Do I follow through with what I say I will do?

How well do I model hospitality?

Do I need increased accountability in my life from others?

How might I grow in being more inclusive of others?

Mission

Do I care for those who are lost?

Is my faith obvious to others?

How often do I share my faith?

Do I leave time for relationships with non-Christians?

How do I exhibit Christian justice in my circle of influence?

Am I overly focused on success and recognition?

Am I a servant?

How well do I identify people of peace?

Am I spending intentional and regular time in non-church spaces?

How could I be more incarnational in the world around me?

Do I still believe God is at work in the world?

Do I see others as God sees them?

Suggested Instructions:

Choose a column: Communion,
Community, or Mission.

Then ask everyone to prayerfully read through the questions in the column you have selected. Ask them to listen for which question the Spirit might be prompting them to address. Give at least two minutes of silent reflection as people review the questions.

Go around the room and let each person share which question they selected to address and why.

After each person shares, have someone else pray aloud for that person.

Use this tool as a way to prompt spiritual growth and prayer for one another. Next time, use a different column and repeat the same process.