

# Southwest Life Groups

A Place to Belong...A Place to Transform

March 17th, 2010

*Focus:* To wrestle with our need for Christ and the results of a life without him.

## *The Beatitudes*

### *Blessed are those who mourn--Lesson 2*

- *Introduction:* Some of the hardest people to love are those who think they know it all aren't they. We might use the word arrogant, self-consumed, or even jerk to describe these individuals. It's especially hard when you realize you are one of those people isn't it. Begin tonight with a conversation about humility.
  - o Tell a story about someone who embodies humility.
  - o What makes a person humble?
  - o How might one grow in humility?
  
- *Text:* Matthew 5:4; Mark 5:25-29
  - o Read Matthew 5:4 and discuss.
  - o Why might someone who is mourning be blessed in the kingdom?
  - o Read the Mark 5 passage.
  - o What character traits stand out to you about this woman?
  - o Discuss other characters Jesus meets that don't seem to feel worthy of his time and love.
  - o Compare and contrast these characters with the religious leaders of the day.
  - o Discuss your idea of blessed are those who mourn.

### *Application:*

- o What do people who mourn understand that we need help grasping?
- o Discuss the connection between blessed are those who mourn and humility.
- o Share your feelings about your own separation from God.
- o Spend some time talking about what life without the cross would be like.